

## REGIONAL – OSHA 10 Hour Outreach for Construction Training

### COURSE DESCRIPTION

This course is designed for Upper Management, Estimators, Project Managers, Superintendents, Foremen, and Construction Workers. OSHA recommends Outreach Training Program courses as an orientation to occupational safety and health for workers covered by OSHA 29 CFR 1926. Workers must receive additional training, when required by OSHA standards, on the specific hazards of the job. Upon successful completion of the course, participants will receive an OSHA construction safety and health 10- hour course completion card from the Department of Labor.



### LEARNING OBJECTIVES

- › General understanding of the OSHA Act and the function of OSHA
- › Inform the student on the procedures and priorities of an OSHA Compliance inspection
- › Describe the rights and responsibilities of employers and employees under the OSHA Act
- › Provide students with the skill and knowledge to identify and control hazards in the workplace
- › Provide students with the tools and knowledge to control and eliminate hazards in the workplace
- › Promote a proactive safety attitude within the students
- › Introduction to OSHA
- › General Safety & Health Provisions
- › Electrical & Hand Power Tools
- › Personal Protective & Lifesaving Equipment
- › Materials Handling, Storage, Use of Disposal
- › Fall Protection – General Construction Iron Workers and Roofers
- › Scaffolds
- › Cranes, Derricks, Hoists, Elevators & Conveyors
- › Excavation
- › Stairways & Ladders

- › **Regulatory:** This course has been reviewed and accepted by OSHA. Upon completion of this course, you will receive a certificate of completion within 3-4 weeks from OSHA/Department of Labor mailed to your company by your instructor.
- › **Course Time:** This course has been approved for 10 classroom hours.
- › **Course Pre-Requisites:** There are no pre-requisites for this course.
- › **Final Exam:** The final exam must be passed with a 70% to pass the course.



## ORCPG Regional Training 2011 OSHA 10 Hour Outreach for Construction Training Schedule

Location	Dates	Type
<b>SOUTHERN CALIFORNIA</b>		
Inland Empire, CA	March 17 & 18	English
Orange County, CA	July 21 & 22	English
San Diego, CA	October 6 & 7,	English
<b>NORTHERN CALIFORNIA</b>		
Novato, CA	October 20 & 21	English
Sacramento, CA	November 3 & 4	English
<b>NEVADA</b>		
Las Vegas, NV	May 19 & 20	English

### Times for each class are as follows:

- › First Day: 11:30 a.m. to 5:30 p.m.
- › Second Day: 7:00 a.m. to 2:00 p.m.

The added time is for breaks/lunch to comply with the 10 hour classroom requirements.

**RSVP** - You may register at anytime up to one week prior to the date of the class by contacting your account Safety Specialist or **Jose Gorena at (951) 245-8093 or [jgorena@orcp.com](mailto:jgorena@orcp.com)**.

Training location address will be sent to you via email after receipt of your reservation. Each client is allowed to send 5 employees. If you have more than 10 employees, please contact your ORCPG Safety Specialist. Remember class attendance will be granted on a first-come/first-serve basis.